

# **REMINDER LIST FOR MOHS SURGERY**

1. **DO NOT** stop taking **ANY** blood thinner (Coumadin, Plavix<sup>®</sup>, Aggranox<sup>®</sup>, Aspirin, Xarelto<sup>®</sup>, Eliquis<sup>®</sup>, Pradaxa<sup>®</sup>, Effient<sup>®</sup>, Persetane<sup>®</sup>, Brilinta<sup>®</sup>) prior to your Mohs surgery.
  - a. **EXCEPTION:** If you are having your reconstruction performed by another physician, please follow their instructions.
2. **DO** stop taking NSAIDS, (Advil<sup>®</sup>, Alieve<sup>®</sup>, Motrin<sup>®</sup>, BC powder<sup>®</sup>, Goodies<sup>®</sup>, ibuprofen, naproxen, meloxicam), fish-oil supplements, Vitamin E, Gingko, garlic, ginseng; 3-5 days prior to your surgery as these medicines increase your risk of bleeding.
3. If you have **EVER** had a Heart Valve Replacement or an artificial joint replacement (within the past 2 years) please let us know, before your scheduled appointment..
4. Bring **ALL** of your medications with you.
5. Take all of your medications as prescribed by your doctor the day of your surgery.
  - a. **EXCEPTION:** If you are having your reconstruction performed by another physician, please follow their instructions.
6. Eat breakfast and bring a snack and drink with you. The time to complete tissue evaluation and surgery may vary, and you may be at the office during lunch time. It is especially important to bring snacks if you are diabetic
  - a. **EXCEPTION:** If you are having your reconstruction performed by another physician, please follow their instructions.
7. If you require Oxygen, please bring an extra tank or a full tank with you.
8. You may be at the office longer than expected, (longer than a normal doctor visit). **Please plan to spend several hours with us, and not schedule other appointments on the day of your surgery.** It is difficult to predict the amount of time your case will take. Dr. Kennon respects your time and will do his best to get you out in a timely manner but, he does not rush. His priority is your optimum outcome.
9. Please notify our office if you develop **ANY** new illness, (recent hospitalization, surgeries, illnesses) prior to scheduling your surgery.
10. Please review your social and work calendar. Once you leave our office you are likely to have stitches and/or bandage. You will be asked to avoid swimming/submerging wound, while stitches are in place (generally 1-2 weeks). In addition, it is recommended avoiding getting hot and sweaty as this will increase risk of infection. If you have an upcoming social event (wedding, graduation, etc.) or work requirements please call our office to reschedule.
11. Please confirm your appointment with our staff 24-72hours prior to scheduled appointment

**Please don't hesitate to call our office if you have any questions 863-385-7183**